

# Evidence-Based Nursing

## Contents

<b>Purpose and procedure</b> .....	98	Timing and route of enteral tube feeding did not affect death or combined death or poor outcome in stroke and dysphagia.....	117
<b>EBN notebook</b>			
Teaching evidence-based practice on foot .....	100	Review: early supported discharge reduces death or dependence after stroke.....	118
<b>Letter</b> .....	103	Review: counselling and education may improve outcomes in caregivers of patients with stroke.....	119
<b>Treatment</b>			
Clinician advice, an interactive computer program, and motivational counselling during routine medical visits increased reported smoking abstinence among teens..	105	A multifactorial intervention reduced the mean number of falls but not the proportion who fell in older people with recurrent falls.....	120
Review: various devices for delivery of aerosol treatment can be equally efficacious.....	106	<b>Assessment (screening or diagnosis)</b>	
Aspirin, 1000 mg, reduced moderate to severe pain in acute migraine headache.....	107	Review: fever and cough are the most accurate single tests for diagnosing influenza .....	121
Low dose aspirin lowered stroke risk but not risk of myocardial infarction or cardiovascular death in women	108	<b>Quality improvement</b>	
Review: good evidence supports use of polyethylene glycol and tegaserod for constipation.....	109	An educational programme for primary healthcare providers improved functional ability in older people living in the community .....	122
Review: non-pharmacological interventions induce or maintain weight loss in adults with prediabetes.....	110	<b>Qualitative</b>	
Review: group based education in self management strategies improves outcomes in type 2 diabetes mellitus	111	Mothers of children at risk described engaging with home visitors in terms of limiting family vulnerability	123
Review: self monitoring interventions modestly reduce diastolic blood pressure (BP) but do not improve BP control in hypertension .....	112	Parents of children with diabetes described the transition to the insulin pump in terms of enhanced freedom and quality of life for all family members....	124
Review: some evidence suggests that cognitive behaviour therapy may reduce chest pain in the short term in patients with non-specific chest pain and normal coronary anatomy .....	113	Parents of young people with mental health problems experienced a deskilling and had to learn to reskill themselves.....	125
Review: subglottic secretion drainage reduces ventilator associated pneumonia.....	114	The media contributed to the knowledge and decision making of patients throughout their cancer experiences	126
Relaxing hip precautions increased patient satisfaction and promoted quicker return to normal activities after total hip arthroplasty.....	115	Community living older adults described using medical, collaborative, and self agency models for asthma self management .....	127
Protein energy supplementation of usual hospital diet did not improve outcomes in inpatients with recent stroke .....	116	“Multiple margins” (being older, a woman, or a visible minority) constrained older women’s access to Canadian health care.....	128
		<b>Glossary</b> .....	Inside back cover

Search all issues of *Evidence-Based Nursing* published since 1998 and over 300 medical journals through Highwire press at [evidencebasednursing.com](http://evidencebasednursing.com). EBN 79512.