Teens aged 12–16 were selected to participate in this study. The researchers interviewed the participants two or three times over a period of 4 years. The interviews were recorded and transcribed verbatim. The data was analyzed using the interpretive method to identify themes and patterns in the participants' experiences. The researchers found that teenage mothers who had supportive family members were more likely to develop a positive caregiving tradition. Conversely, those who had negative role models were more likely to develop a negative caregiving tradition. The findings suggest that supporting teenage mothers to develop positive relationships with their families can help them develop a positive caregiving tradition.