

Evidence-Based Nursing

Contents

Purpose and procedure	2	Review: exercise programmes increase walking times in patients with intermittent claudication.....	21
EBN notebook		Postoperative oral nutritional supplementation improved nutritional status and quality of life in malnourished patients	22
Assessing allocation concealment and blinding in randomised controlled trials: why bother?	4	Cardiopulmonary resuscitation training improved perceived control in spouses of patients recovering from an acute cardiac event.....	23
EBN users' guide		Assessment	
Evaluation of studies of treatment or prevention interventions. Part 2: applying the results of studies to your patients.....	7	The Hopkins Verbal Learning Test had high sensitivity and good specificity for detecting mild dementia in older people. . .	24
Treatment		Causation	
Review: home visiting programmes that include ≥ 1 postnatal home visit are associated with improved quality of home environment and parenting.....	9	3 combinations of modifiable lifestyle behaviours reduced the risk of coronary artery disease.....	25
Individualised behavioural counselling for smoking mothers decreased children's exposure to smoke	10	Urge urinary incontinence was associated with increased risk of falls and non-spinal, non-traumatic fractures in older women	26
Intensive diabetes management plus coping skills training improved metabolic control and quality of life in adolescents	11	Clinical prediction guide	
Bug busting was less effective than malathion lotion for head lice in children.....	12	A simple model based on wound size and duration predicted healing of venous leg ulcers at 24 weeks	27
Review: advice from doctors, counselling by nurses, behavioural interventions, nicotine replacement therapy, and several pharmacological treatments increase smoking cessation rates	13	Qualitative	
On demand use of β_2 -agonists led to better asthma control than regular use in moderate to severe asthma	14	Ventilator dependent young people had unnecessarily prolonged time in hospital resulting in educational and social exclusion	28
Review: addition of salmeterol leads to improved lung function and fewer exacerbations in symptomatic asthma . . .	15	Women's stories of smoking relapse after the birth of a child were underpinned by combinations of 5 storylines.....	29
Self hypnotic relaxation combined with structured attention reduced the discomfort of invasive medical procedures	16	Patients with cancer described 8 attributes of high quality nursing care that contributed to a sense of wellbeing and increased fortitude.....	30
Review: limited evidence suggests that acupuncture is more effective than no treatment for chronic pain	17	Men's experiences of coping with their wives' breast cancer involved focusing on the cancer and treatment and focusing on family to keep life going	31
Mechanical ventilation with a lower tidal volume resulted in decreased mortality in patients with acute lung injury and the acute respiratory distress syndrome.....	18	Patients, family members, and providers identified 6 components of a "good death"	32
Multilayer bandaging followed by compression hosiery was more effective than hosiery alone in reducing lymphoedema of the limb.....	19	Glossary	Inside back cover
Review: graduated compression stockings prevent deep venous thrombosis in patients who are in hospital	20		