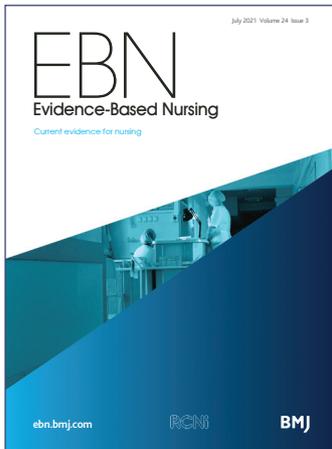


# Evidence-Based Nursing



Join Evidence-Based Nursing  
Twitter Journal Chat #ebnjc

## Contents

### Editorial

- 69 Living with long Covid: some reflections 14 months down the line

### Research made simple

- 71 Research made simple: using multiperspective interpretative phenomenological analysis to explore healthcare phenomena



### Commentaries

#### Women's health and midwifery

- 74 Lowering the thresholds of blood pressures in pregnancy, in line with the American College of Cardiology guidelines, has the potential to improve detection and outcomes for mother and baby
- 75 Web-based psychoeducation for first-time mothers more effective than home-based psychoeducation or routine care
- 76 Adequate maternal pre-conceptional folate status may reduce the risk of gestational diabetes mellitus
- 77 Hypnosis-based interventions can be effective to improve women's childbirth experience
- 78 Uptake of mammography screening is much lower among ethnic minority women
- 79 Fathers report experiencing negative feelings and psychological difficulties during the perinatal period

#### Nurse education

- 80 There is inconsistency in the effect of empathy training for healthcare professionals and students
- 81 Cultural diversity needs to be integrated throughout undergraduate nursing curricula

#### Care of the older person

- 82 Nursing staff needs leadership support to enable shared learning for team capacity in providing palliative care for persons with dementia at home or in nursing home
- 83 Multifaceted falls prevention can help to reduce fall rates in high-risk and healthy community-dwelling older adults
- 84 Older people living in the community should be supported to maintain independence and social engagement
- 85 Inclusion of people with dementia in research can help nurses understand how to deliver successful reminiscence interventions

#### Health promotion and public health

- 86 Modelling suggests that high human papilloma virus (HPV) vaccination coverage in combination with high uptake screening can lead to cervical cancer elimination in most low-income and lower-middle-income countries (LMICs) by the end of the century

#### Adult nursing

- 87 Probiotics may be considered for children and adults with cystic fibrosis
- 88 Using smart phone technology can aid in better bowel preparation and improve healthcare delivery

## July 2021 Volume 24 Issue 3

- 89 Palliative care for dying patients could be enhanced by early goals-of-care discussion and strong collaboration between care providers
- 90 Family and caregiver relationships influence patient self-management of heart failure
- 91 Alpha<sub>2</sub> agonist dexmedetomidine may reduce duration of delirium in critically ill adults
- 92 Baseline heart failure symptoms have a direct and predictive mediator effect on health-related quality of life in patients with heart failure
- 93 One in 10 hospitalised patients have a pressure injury worldwide

#### Nursing issues

- 94 Patients with advanced heart failure benefit from tailored multidisciplinary palliative care interventions
- 95 Using advance care planning for end-of-life care in heart failure improves outcomes
- 96 Recovery processes can alleviate the effects of presenteeism and emotional exhaustion
- 97 A framework for identifying stigmatisation patterns in patients with mental health conditions in the acute healthcare setting
- 98 Tick box cultures and systematised practices may prevent nurses fulfilling their roles as compassionate caregivers
- 99 Patients with hospital-onset sepsis are less likely to receive sepsis bundle care than those with community-onset sepsis
- 100 Nurses consider family involvement as an important element of patient care
- 101 Nurses adopt a range of coping strategies when caring for people at the end of life
- 102 High levels of temporary nurse staffing increase the hazard of death in acute care hospitals
- 103 9–10 months postbereavement, caregiver grief, quality of life and general health are comparable with people who are non-caregivers and not recently bereaved
- 104 Lack of education and co-ordination of care are main factors affecting palliative care provision by primary care practitioners

#### Mental health

- 105 Effective and multilevel suicide prevention strategies must be developed based on high-quality evidence and public health policy reform
- 106 Consider opportunities to build resilience with individuals who experience suicidal ideas and behaviours following stressful life events

#### Child health

- 107 Virtual reality reduces pain and fear during intravenous cannulation in the emergency department
- 108 Combined non-pharmacological interventions minimise pain during orogastric tube insertion in preterm neonates



This article has been chosen by the Editor to be of specialist interest or importance and is freely available online.



This article has been made freely available online under the BMJ Journals open access scheme. See <http://ebn.bmj.com/site/about/guidelines.xhtml#open>

C O P E

Member since 2010  
JMK0660

This journal is a member of and subscribes to the principles of the Committee on Publication Ethics [www.publicationethics.org](http://www.publicationethics.org)



When you have finished with this please recycle it