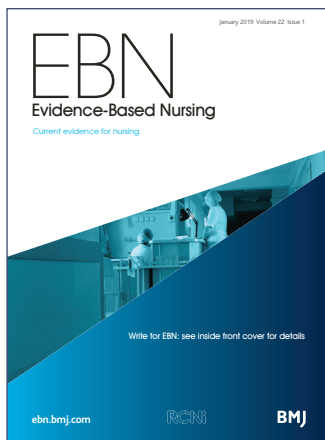


# Evidence-Based Nursing



Join Evidence-Based Nursing  
Twitter Journal Chat #ebnjc

## Contents

### Editorial

- 1 In the aftermath of a perioperative death: who cares for the clinician?

### EBN Opinion

- 3 Use of social media to support student nurses: an EBN Twitter chat led by Daniel Gooding and Alison Twycross

### Research made simple

- 7 Interpretive phenomenological analysis applied to healthcare research

- 10 How to appraise qualitative research

### EBN Perspective

- 14 Health promotion

### Commentaries

#### Learning disabilities

- 17 Congenital heart anomalies and non-white ethnicity are among the factors associated with poor survival rates in people with Down syndrome

#### Child health

- 18 Feeding preterm infants with formula rather than donor breast milk is associated with faster rates of short-term growth, but increased risk of developing necrotising enterocolitis
- 19 Combining facilitated tucking and non-nutritive sucking appears to promote greater regulation for preterm neonates following heel lance, but does not provide effective pain relief

## January 2019 Volume 22 Issue 1

### Care of the older person

- 20 Evaluating falls prevention strategies in community settings: marginal reduction on rate of falls with individual risk-based multifactorial interventions compared to 'usual care'

- 21 Fear of falling: a hidden burden with or without a history of falls

### Adult nursing

- 22 Critical illness and recovery should be viewed as a social process in which the patient and family members' experiences are different but complimentary

- 23 Health mind mapping has the potential to facilitate patient engagement in self-management of long-term conditions

### Women's health and midwifery

- 25 Risky maternal alcohol consumption during lactation decreases childhood abstract reasoning at school age

- 26 Training health visitors in cognitive behavioural or person-centred approaches is cost-effective and can improve outcomes for women at risk of postnatal depression

### Nursing issues

- 28 Nurses need to be aware of their professional responsibilities when engaging with social media

- 30 Effective mentoring is key to enhancing practice and developing the next generation of nurses



This article has been chosen by the Editor to be of specialist interest or importance and is freely available online.



This article has been made freely available online under the BMJ Journals Open Access scheme. See <http://ebn.bmj.com/site/about/guidelines.xhtml#open>



Member since 2010

This journal is a member of and subscribes to the principles of the Committee on Publication Ethics [www.publicationethics.org.uk](http://www.publicationethics.org.uk)



When you have finished with this please recycle it