

# Evidence-Based Nursing

Evidence-Based Nursing is designed to alert practising nurses to important and clinically relevant advances in treatment, diagnosis, causation, and prognosis. By applying strict criteria for the quality and validity of research, Evidence-Based Nursing selects and examines every aspect of the very best international nursing research for your practice. These essential studies are presented as an expert commentary on its clinical application.

## Editor

Alison Twycross (UK)

Twitter: @EBNursingBMJ

## Disclaimer: Evidence-Based

*Nursing* is owned and published by the RCN Publishing Company Limited and BMJ Publishing Group Ltd, a wholly owned subsidiary of the British Medical Association. The owners grant editorial freedom to the Editors of *Evidence-Based Nursing*.

*Evidence-Based Nursing* follows guidelines on editorial independence produced by the World Association of Medical Editors and the code on good publication practice of the Committee on Publication Ethics.

Evidence-Based Nursing is intended for healthcare professionals and is provided without warranty, express or implied. Statements in the journal are the responsibility of their authors and advertisers and not authors' institutions, the BMJ Publishing Group Ltd or the BMA unless otherwise specified or determined by law. Acceptance of advertising does not imply endorsement.

To the fullest extent permitted by law, the BMJ Publishing Group Ltd shall not be liable for any loss, injury or damage resulting from the use of *Evidence-Based Nursing* or any information in it whether based on contract, tort, or otherwise. Readers are advised to verify any information they choose to rely on.

ISSN 1367-6539 (print)  
ISSN1468-9618 (online)

## Associate Editors

Helen Noble (UK)

Allison Shorten (USA)

Joanna Smith (UK)

Roberta Heale (Canada)

## Social Media Editor

Gary Mitchell (UK)



twitter.com/EBNursingBMJ



ebn.bmj.com/site/podcasts/



blogs.bmj.com/ebn/



facebook.com/EvidenceBased.Mental.Health

## Subscription Information

### Would you rather read 20,000 articles or 100?

An enormous amount of work goes on behind the scenes to make sure that *Evidence-Based Nursing* provides you with all the information you need. We scan 100 journals and over 20,000 articles each year so that we can identify the 100 most important and valid research articles. This means you'll get all the important research material you need in just 4 issues, saving you time to concentrate on other things. So for time-saving, distilled research information, make sure you subscribe to *Evidence-Based Nursing*.

*Evidence-Based Nursing* is published quarterly, each issue includes a number of commentaries and additional content.

### Institutional Rates 2016

#### Print

£283; \$552; €383

#### Online Only

Site licences are priced on FTE basis and allow access by the whole institution. Print is available at deeply discounted rates for online subscribers; details and online order form available at <http://ebn.bmj.com/site/help/index.xhtml> or contact the Subscription Manager in the UK (see above right)

### Personal Rates 2016

**Print** (includes online access at no additional cost)

**UK: monthly direct debit rates**

Standard rate £6  
RCN Members £5  
Students £4.90  
RCN Student Members £4

Personal print subscriptions may be purchased online at [www.evidencebasednursing.com](http://www.evidencebasednursing.com)

**Copyright:** © 2016 RCN Publishing Company Limited and BMJ Publishing Group Ltd. All rights reserved. Apart from any relaxations permitted under national copyright laws, no part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or by any means without the prior permission of the copyright owners.

*Evidence-Based Nursing* is published quarterly by BMJ Publishing Group Ltd, typeset by Nova Techset Private Limited, Bengaluru & Chennai, India and printed in UK on acid-free paper.

*Evidence-Based Nursing* (ISSN 1367-6539) is published quarterly by BMJ Publishing Group and is distributed in the USA by Air Business Ltd. Periodicals postage paid at Jamaica NY 11431 POSTMASTER: send address changes to *Evidence-Based Nursing*, Air Business Ltd, c/o Worldnet Shipping Inc., 156-15, 146th Avenue, 2nd Floor, Jamaica, NY 11434, USA.

## Contact Details

### Publishers' Offices

BMJ Publishing Group Ltd, BMA House, Tavistock Square, London WC1 H9JR, UK

T: +44 (0)20 7387 4410

E: [journals@bmj.com](mailto:journals@bmj.com)

RCN Publishing Company Limited, The Heights, 59-65 Lowlands Road, Harrow-on-the-Hill, Middlesex HA1 3AW, UK

T: +44 (0)20 84231066

E: [ebnhelppdesk@rcnpublishing.co.uk](mailto:ebnhelppdesk@rcnpublishing.co.uk)

### Content Editor

Rachel Maynard

For ScholarOne queries

E: [info.ebmh@bmj.com](mailto:info.ebmh@bmj.com)

For Production queries

E: [production.ebmh@bmj.com](mailto:production.ebmh@bmj.com)

### Permissions

See <http://journals.bmj.com/misc/permissions.dtl>

### PERSONAL Subscriptions

Subscriptions Controller, RCN Publishing Company Limited, Copse Walk, Cardiff Gate Business Park, Cardiff CF23 8XG, UK

T: +44 (0)845 772 6100 (UK only)

T: +44 (0)29 2054 6450 (International)

E: [RCNDirectJournalsTeam@RCN.org.uk](mailto:RCNDirectJournalsTeam@RCN.org.uk)

[www.evidencebasednursing.com](http://www.evidencebasednursing.com)

### Subscriptions

For Institutional subscription enquiries and orders

T: +44 (0)20 7111 1105

E: [support.bmj.com](mailto:support.bmj.com)

### US Subscriptions

PP&F PO Box 361, Birmingham, AL 35201-0361, USA

T: +1 800 348 6473 (toll free in the USA)

E: [bmj-clinicalevidence@ebSCO.com](mailto:bmj-clinicalevidence@ebSCO.com)

### Display Advertising Sales

Sophie Fitzsimmons (Sales Manager)

T: +44 (0)20 7383 6783

E: [sfitzsimmons@bmj.com](mailto:sfitzsimmons@bmj.com)

<http://group.bmj.com/group/advertising>

### Online Advertising Sales

Marc Clifford (Sales Manager)

T: +44 (0)20 7383 6161

E: [mclifford@bmj.com](mailto:mclifford@bmj.com)

<http://group.bmj.com/group/advertising>

### Display & Online Advertising Sales (USA)

Jim Cunningham

T: +1 201 767 4170

E: [jcunningham@cunnesso.com](mailto:jcunningham@cunnesso.com)

### Author Reprints

Dennis Barber

T: +44 (0)20 7383 6305

E: [admin.reprints@bmj.com](mailto:admin.reprints@bmj.com)

### Commercial Reprints (except USA & Canada)

Nadia Gurney-Randall

T: +44 (0)20 8445 5825

M: +44 (0)7866 262344

E: [ngurneyrandall@bmj.com](mailto:ngurneyrandall@bmj.com)

### Commercial Reprints (USA & Canada)

Ray Thibodeau

T: +1 267 895 1758

M: +1 215 933 8484

E: [ray.thibodeau@contentednet.com](mailto:ray.thibodeau@contentednet.com)

### For all other EBN journal contacts

<http://ebn.bmj.com/site/help/index.xhtml>