

Purpose and procedure

The general purpose of *Evidence-Based Nursing* is to select from the health-related literature those articles reporting studies and reviews that warrant immediate attention by nurses attempting to keep pace with important advances in their profession. These articles are summarised in “value added” abstracts and commented on by nurses. The specific purposes of *Evidence-Based Nursing* are

- ▶ to identify, using predefined criteria, the best quantitative and qualitative original and review articles on the meaning, cause, course, assessment, prevention, treatment, or economics of health problems managed by nurses and on quality improvement
- ▶ to summarise this literature in the form of “structured abstracts” that describe the question, methods, results, and evidence-based conclusions of studies in a reproducible and accurate fashion
- ▶ to provide brief, highly expert comment on the context of each article, its methods, and the clinical applications that its findings warrant
- ▶ to disseminate the summaries in a timely fashion to nurses

The RCN Publishing Company Limited and the BMJ Publishing Group publish *Evidence-Based Nursing* under the editorship of Dr Donna Ciliska at McMaster University in Canada, Dr Andrew Jull at the University of Auckland in New Zealand, and Dr Carl Thompson at the University of York in the UK. The Health Information Research Unit (HIRU) of the Department of Clinical Epidemiology and Biostatistics at McMaster University hosts the editorial office for the production of the abstracts and commissioning of commentaries. Dr Brian Haynes acts as coordinating editor to ensure that methods and procedures are consistent with other evidence-based journals prepared by HIRU.

CRITERIA FOR SELECTION AND REVIEW OF ARTICLES FOR ABSTRACTING

All articles in a journal issue are considered for abstracting if they meet the following basic and category-specific criteria:

Basic criteria

- ▶ original or review articles
- ▶ in English
- ▶ quantitative and qualitative studies
- ▶ about topics that are important to the clinical practice of nurses in any setting
- ▶ analysis of data consistent with the study question

Category-specific criteria (quantitative studies)

Studies of prevention or treatment must also include:

- ▶ random allocation of participants to comparison groups
- ▶ follow-up (end-point assessment) of $\geq 80\%$ of those entering the investigation
- ▶ outcome measures of known or probable clinical importance

Studies of assessment (screening or diagnosis) must also include:

- ▶ a spectrum of participants, some (but not all) of whom have the condition of interest
- ▶ an objective diagnostic (gold) standard (eg, central venous pressure) or current clinical standard for diagnosis (eg, sphygmomanometer reading for hypertension), preferably

with documentation of reproducible criteria for subjectively interpreted diagnostic standard (ie, report of statistically significant measure of agreement beyond chance among observers)

- ▶ interpretation of the diagnostic standard without knowledge of test result
- ▶ interpretation of the test without knowledge of diagnostic standard result

Studies of prognosis must also include:

- ▶ an inception cohort (first onset or assembled at a uniform point in the development of a condition or disease) of individuals, all initially free of the outcome of interest
- ▶ follow-up of $\geq 80\%$ of participants until a major study endpoint occurs or the study ends

Studies of causation must also include:

- ▶ observations of the relation between modifiable exposures and putative clinical outcomes
- ▶ prospective data collection with clearly identified comparison group(s) for those at risk of, or having, the outcome of interest (ie, randomised controlled trials, quasi-randomised controlled trials, non-randomised controlled trials, cohort studies with case by case matching or statistical adjustment to create comparable groups, or nested case-control studies)
- ▶ blinding (masking) of observers of outcome to exposure; criterion assumed to be met if outcome is objective (eg, all-cause mortality)

Studies of quality improvement or continuing education must also include:

- ▶ random allocation of participants or units to comparison groups
- ▶ follow-up of $\geq 80\%$ of participants
- ▶ outcome measures of known or probable clinical importance

Studies of the economics of healthcare interventions must include:

- ▶ an economic question comparing alternative courses of action
- ▶ comparison of alternative diagnostic or therapeutic services or quality improvement activities on the basis of both the outcomes produced (effectiveness) and resources consumed (costs)
- ▶ evidence of effectiveness from a study (or studies) of real (not hypothetical) patients, which meet(s) the criteria for treatment, assessment, quality improvement, or a systematic review article
- ▶ results presented in terms of the incremental or additional costs and outcomes of one intervention over another
- ▶ a sensitivity analysis if there is uncertainty in the estimates or imprecision in the measurement

Clinical prediction guides must also include:

- ▶ generation of the guide in ≥ 1 set of patients (training or derivation set)
- ▶ validation of the guide in an independent set of patients (test or validation set)

Systematic review articles must also include:

- ▶ a clear statement of the clinical topic being reviewed
- ▶ a clear description of the sources and methods for identifying articles
- ▶ specification of the inclusion and exclusion criteria for selecting articles for detailed review
- ▶ ≥1 article in the review that meets the above noted criteria for treatment, assessment, prognosis, causation, quality improvement, economics, or clinical prediction guides

Qualitative studies

- ▶ content reflects the phenomenon of interest from the perspective of people experiencing it
- ▶ data collection methods are appropriate for qualitative data
- ▶ analyses are appropriate for qualitative data

These criteria are subject to modification if, for example, it becomes feasible to apply higher standards that increase the validity and applicability of studies for clinical practice. The objective of *Evidence-Based Nursing* is to abstract only the very best literature, consistent with a reasonable number of articles “making it through the filter.”

Articles meeting the criteria set out above are abstracted according to the procedure for more informative abstracts,¹ with the following modifications: abstracts are approximately 400 words in length; and each abstract is reviewed by an expert in the content area covered by the article. This expert writes a commentary in which she or he compares the study findings to previous research findings, identifies any important methodological problems that affect interpretation of the study results, and offers recommendations for clinical application. The author of the original article is given an opportunity to review the abstract and commentary before publication.

On a quarterly basis, we will publish to the *Evidence-Based Nursing* website (www.evidencebasednursing.com) a selected list of articles that passed all criteria but were not abstracted because, in the judgment of the editors, their findings were less applicable to general nursing practice, the topic was of interest to only a select group of nurse specialists, or the topic was recently addressed in another abstract.

1. **Haynes RB**, Mulrow CD, Huth EJ, et al. More informative abstracts revisited. *Ann Intern Med* 1990;**113**:69–76.

Journals currently reviewed*

Acad Emerg Med	Aust J Physiother	Heart Lung	J Trauma
Acta Obstet Gynecol Scand	Birth	Int J Clin Pract	J Vasc Surg
Acta Orthop	BJOG	Int J Nurs Stud	JAMA
Age Ageing	BMJ	Int J Obes	Kidney Int
Aliment Pharmacol Ther	Br J Gen Pract	J Adv Nurs	Lancet
Am J Cardiol	Br J Psychiatry	J Allerg Clin Immunol	Lancet Neurol
Am J Clin Nutr	Br J Surg	J Am Acad Child Adolesc Psychiatry	Lancet Oncology
Am J Epidemiol	Can J Gastroenterol	J Am Acad Dermatol	Mayo Clin Proc
Am J Gastroenterol	Can J Nurs Res	J Am Coll Cardiol	Med Care
Am J Kidney Dis	Canadian Agency for Drugs and Technologies in Health (CADTH)	J Am Coll Surg	Med J Aust
Am J Med		J Am Diet Assoc	Midwifery
Am J Obstet Gynecol		J Am Geriatr Soc	N Engl J Med
Am J Occup Ther	Cancer Nurs	J Am Soc Nephrol	Neurology
Am J Psychiatry	Cephalalgia	J Arthroplasty	Nurs Res
Am J Public Health	Chest	J Bone Joint Surg Am	Nutr J
Am J Respir Crit Care Med	Circulation	J Bone Joint Surg Br	Obesity
Am J Sports Med	Clin Chem	J Child Psychol Psychiatry	Obesity Surgery
Ann Allerg Asthma Immunol	Clin J Am Soc Nephrol	J Clin Epidemiol	Obstet Gynecol
Ann Emerg Med	Clin Orthop Rel Res	J Clin Nurs	Oncol Nurs Forum
Ann Fam Med	Clin Rehab	J Clin Oncol	Pain
Ann Intern Med	CMAJ	J Clin Psychopharmacol	Patient Educ Couns
Ann Neurol	Cochrane Database Syst Rev	J Consult Clin Psychol	Pediatrics
Ann Rheum Dis	Crit Care Med	J Fam Pract	Pharmacotherapy
Ann Surg	Diabet Med	J Gen Intern Med	Phys Ther
ANS Adv Nurs Sci	Diabetes Care	J Hand Surg [Am]	Prev Med
Appl Nurs Res	Diabetes Obes Metab	J Hand Surg [Br]	Psychosom Med
Arch Dermatol	Eur Heart J	J Infect Dis	Qual Health Res
Arch Dis Child	Evid Rep Technol Assess (Summ)	J Manipulative Physiol Ther	Radiology
Arch Dis Child Fetal Neonatal Ed	Fam Pract	J Neurol Neurosurg Psychiatry	Res Nurs Health
Arch Gen Psychiatry	Foot Ankle	J Neurosurg	Rheumatology
Arch Intern Med	Gastroenterol	J Nurs Scholarsh	Soc Sci Med
Arch Neurol	Gut	J Orthop Trauma	Spine
Arch Pediatr Adolesc Med	Headache	J Pediatr	Spine J
Arch Phys Med Rehabil	Health Educ Behav	J Pediatric Orthop	Stroke
Arch Surg	Health Psychol	J Rheumatol	Thorax
Arthritis Rheum	Health Technol Assess	J Shoulder Elbow Surg	West J Nurs Res
Arthritis Rheum: Arthritis Care Res	Heart		
Arthroscopy			

*This list is subject to modification based on the relative performance of each journal according to the set criteria.

OTHER ARTICLES NOTED (24 January to 24 April 2008)

A list of the journals that are reviewed and the criteria for selecting articles from these journals for inclusion in *Evidence-Based Nursing* are included in each issue. The following articles passed all criteria but were not abstracted because, in the judgment of the editors, their findings were less widely applicable to nursing practice, the topic was of interest to only a select group of nurse specialists, or the topic was recently addressed in another abstract.

Articles in all categories (except for Qualitative) were rated for clinical relevance and newsworthiness by practising nurses; mean scores are displayed. To view a sample rating form, go to: <http://hiru.mcmaster.ca/more/RatingFormSampleNsg.htm>

Treatment

Aarts MA, Hancock JN, Heyland D, *et al.* Empiric antibiotic therapy for suspected ventilator-associated pneumonia: a systematic review and meta-analysis of randomized trials. *Crit Care Med* 2008; **36**:108–17.

Critical Care/Intensive Care 6/7; Infectious Disease 5/7

http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=pubmed&dopt=Abstract&list_uids=18007262

Abdel-Aleem H, d'Arcangues C, Vogelsong KM, *et al.* Treatment of vaginal bleeding irregularities induced by progestin only contraceptives. *Cochrane Database Syst Rev* 2007; (4):CD003449.

Family/General Practice/Primary Care 6/7; Women's Health 5/7; Sexual Health 5/7

http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=pubmed&dopt=Abstract&list_uids=17943792

Agha-Hosseini M, Kashani L, Aleyaseen A, *et al.* *Crocus sativus* L. (saffron) in the treatment of premenstrual syndrome: a double-blind, randomised and placebo-controlled trial. *BJOG* 2008; **115**:515–9.

Complementary and Alternative Health Care 6/7; Women's Health 6/7

http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=pubmed&dopt=Abstract&list_uids=18271889

Aimonino Ricauda N, Tibaldi V, Leff B, *et al.* Substitutive “hospital at home” versus inpatient care for elderly patients with exacerbations of chronic obstructive pulmonary disease: a prospective randomized, controlled trial. *J Am Geriatr Soc* 2008; **56**:493–500.

Elderly Care/Geriatrics/Gerontology 7/7; General/Internal Medicine 7/7;

Home Nursing/District Nursing/Health Visiting 6/7

http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=pubmed&dopt=Abstract&list_uids=18179503

Akl EA, Rohilla S, Barba M, *et al.* Anticoagulation for the initial treatment of venous thromboembolism in patients with cancer. *Cochrane Database Syst Rev* 2008; (1):CD006649.

Oncology 6/7

http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=pubmed&dopt=Abstract&list_uids=18254108

Akobeng AK. Review article: the evidence base for interventions used to maintain remission in Crohn's disease. *Aliment Pharmacol Ther* 2008; **27**: 11–8.
Family/General Practice/Primary Care 6/7
http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=pubmed&dopt=Abstract&list_uids=17919275

Alfaleh K, Bassler D. Probiotics for prevention of necrotizing enterocolitis in preterm infants. *Cochrane Database Syst Rev* 2008; (1):CD005496.
Neonatal Intensive Care 6/7
http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=pubmed&dopt=Abstract&list_uids=18254081

Alkhenizan A, Hafez K. The role of vitamin E in the prevention of cancer: a meta-analysis of randomized controlled trials. *Ann Saudi Med* 2007; **27**: 409–14.
Oncology 6/7; Health Promotion/Prevention/Education/Health Behaviour 5/7
http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=pubmed&dopt=Abstract&list_uids=18059122

Alves Galvao MG, Rocha Crispino Santos MA, Alves da Cunha AJ. Amantadine and rimantadine for influenza A in children and the elderly. *Cochrane Database Syst Rev* 2008; (1):CD002745.
Elderly Care/Geriatrics/Gerontology 6/7; Paediatrics 5/7; Infectious Disease 6/7
http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=pubmed&dopt=Abstract&list_uids=18254006

Alwan NA, Johnstone P, Zolese G. Length of hospitalisation for people with severe mental illness. *Cochrane Database Syst Rev* 2008; (1):CD000384.
Psychiatry/Mental Health 6/7
http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=pubmed&dopt=Abstract&list_uids=18253975

Ammendolia C, Furlan AD, Imamura M, *et al.* Evidence-informed management of chronic low back pain with needle acupuncture. *Spine J* 2008; **8**: 160–72.
Family/General Practice/Primary Care 5/7;
Complementary and Alternative Health Care 5/7; Pain Management 5/7
http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=pubmed&dopt=Abstract&list_uids=18164464

Amsterdam JD, Shults J. Comparison of short-term venlafaxine versus lithium monotherapy for bipolar II major depressive episode: a randomized open-label study. *J Clin Psychopharmacol* 2008; **28**: 171–81.
Psychiatry/Mental Health 5/7
http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=pubmed&dopt=Abstract&list_uids=18344727

Andersen LL, Kjaer M, Sogaard K, *et al.* Effect of two contrasting types of physical exercise on chronic neck muscle pain. *Arthritis Rheum* 2008; **59**: 84–91.
Family/General Practice/Primary Care 6/7;
Occupational Health/Environmental Health 5/7
http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=pubmed&dopt=Abstract&list_uids=18163419

Arnold E, Clark CE, Lasserson TJ, *et al.* Herbal interventions for chronic asthma in adults and children. *Cochrane Database Syst Rev* 2008; (1):CD005989.
Complementary and Alternative Health Care 5/7; Paediatrics 5/7;
Respirology/Pulmonology 6/7
http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=pubmed&dopt=Abstract&list_uids=18254089

Asghar R, Banajeh S, Egas J, *et al.* Chloramphenicol versus ampicillin plus gentamicin for community acquired very severe pneumonia among children aged 2-59 months in low resource settings: multicentre randomised controlled trial (SPEAR study). *BMJ* 2008; **336**: 80–4.
Paediatrics 6/7
http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=pubmed&dopt=Abstract&list_uids=18182412

Atkinson M, Lakhanpaul M, Smyth A, *et al.* Comparison of oral amoxicillin and intravenous benzyl penicillin for community acquired pneumonia in children (PIVOT trial): a multicentre pragmatic randomised controlled equivalence trial. *Thorax* 2007; **62**: 1102–6.
Paediatrics 5/7
http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=pubmed&dopt=Abstract&list_uids=17567657

Aung PP, Maxwell HG, Jepson RG, *et al.* Lipid-lowering for peripheral arterial disease of the lower limb. *Cochrane Database Syst Rev* 2007; (4):CD000123.
Cardiology 5/7; General/Internal Medicine 5/7
http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=pubmed&dopt=Abstract&list_uids=17943736

Avidan MS, Zhang L, Burnside BA, *et al.* Anesthesia awareness and the bispectral index. *N Engl J Med* 2008; **358**: 1097–108.
Perioperative 6/7; Surgery - General 5/7
http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=pubmed&dopt=Abstract&list_uids=18337600

Bagshaw SM, Berthiaume LR, Delaney A, *et al.* Continuous versus intermittent renal replacement therapy for critically ill patients with acute kidney injury: a meta-analysis. *Crit Care Med* 2008; **36**: 610–7.
Critical Care/Intensive Care 6/7; Nephrology/Renal 6/7
http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=pubmed&dopt=Abstract&list_uids=18216610

Bai Y, Gao J, Zou DW, *et al.* Prophylactic antibiotics cannot reduce infected pancreatic necrosis and mortality in acute necrotizing pancreatitis: evidence from a meta-analysis of randomized controlled trials. *Am J Gastroenterol* 2008; **103**: 104–10.
Critical Care/Intensive Care 5/7
http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=pubmed&dopt=Abstract&list_uids=17925000

Bakan G, Akyol AD. Theory-guided interventions for adaptation to heart failure. *J Adv Nurs* 2008; **61**: 596–608.
Cardiology 5/7; Psychiatry/Mental Health 6/7; Patient Education 5/7

http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=pubmed&dopt=Abstract&list_uids=18302601

Baker WL, Gutierrez-Williams G, White CM, *et al.* Effect of cinnamon on glucose control and lipid parameters. *Diabetes Care* 2008; **31**: 41–3.

Family/General Practice/Primary Care 4/7

http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=pubmed&dopt=Abstract&list_uids=17909085

Bala M, Strzeszynski L, Cahill K. Mass media interventions for smoking cessation in adults. *Cochrane Database Syst Rev* 2008; (1): CD004704.

Public Health/Community Health 5/7;

Health Promotion/Prevention/Education/Health Behaviour 6/7

http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=pubmed&dopt=Abstract&list_uids=18254058

Bani-Hani MG, Al-Khaffaf H, Titi MA, *et al.* Interventions for preventing venous thromboembolism following abdominal aortic surgery. *Cochrane Database Syst Rev* 2008; (1): CD005509.

Perioperative 5/7

http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=pubmed&dopt=Abstract&list_uids=18254082

Bar G, Sheiner E, Lezerovitz A, *et al.* Early maternal feeding following caesarean delivery: a prospective randomised study. *Acta Obstet Gynecol Scand* 2008; **87**: 68–71.

Obstetric Nursing 5/7

http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=pubmed&dopt=Abstract&list_uids=18158630

Barber MD, Kleeman S, Karram MM, *et al.* Transobturator tape compared with tension-free vaginal tape for the treatment of stress urinary incontinence: a randomized controlled trial. *Obstet Gynecol* 2008; **111**: 611–21.

Surgery -- Genitourinary Surgery Only 3/7

http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=pubmed&dopt=Abstract&list_uids=18310363

Barbui C, Furukawa TA, Cipriani A. Effectiveness of paroxetine in the treatment of acute major depression in adults: a systematic re-examination of published and unpublished data from randomized trials. *CMAJ* 2008; **178**: 296–305.

Family/General Practice/Primary Care 5/7; Psychiatry/Mental Health 6/7

http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=pubmed&dopt=Abstract&list_uids=18227449

Barth J, Critchley J, Bengel J. Psychosocial interventions for smoking cessation in patients with coronary heart disease. *Cochrane Database Syst Rev* 2008; (1): CD006886.

Cardiology 6/7; Family/General Practice/Primary Care 6/7;

General/Internal Medicine 5/7;

Health Promotion/Prevention/Education/Health Behaviour 7/7

http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=pubmed&dopt=Abstract&list_uids=18254119

Bath-Hextall F, Delamere FM, Williams HC. Dietary exclusions for established atopic eczema. *Cochrane Database Syst Rev* 2008; (1):CD005203.
Family/General Practice/Primary Care 5/7; Paediatrics 6/7; Dermatology 5/7
http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=pubmed&dopt=Abstract&list_uids=18254073

Baumgarten KM, Gerlach D, Boyer MI. Corticosteroid injection in diabetic patients with trigger finger. A prospective, randomized, controlled double-blinded study. *J Bone Joint Surg Am* 2007; **89**:2604–11.
Endocrinology 5/7
http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=pubmed&dopt=Abstract&list_uids=18056491

Beale RJ, Sherry T, Lei K, *et al.* Early enteral supplementation with key pharmac nutrients improves Sequential Organ Failure Assessment score in critically ill patients with sepsis: outcome of a randomized, controlled, double-blind trial. *Crit Care Med* 2008; **36**: 131–44.
Critical Care/Intensive Care 5/7
http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=pubmed&dopt=Abstract&list_uids=18007263

Beausoleil M, Fortier N, Guenette S, *et al.* Effect of a fermented milk combining *Lactobacillus acidophilus* CI1285 and *Lactobacillus casei* in the prevention of antibiotic-associated diarrhea: a randomized, double-blind, placebo-controlled trial. *Can J Gastroenterol* 2007; **21**: 732–6.
General/Internal Medicine 6/7; Infectious Disease 5/7
http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=pubmed&dopt=Abstract&list_uids=18026577

Bellu R, de Waal KA, Zanini R. Opioids for neonates receiving mechanical ventilation. *Cochrane Database Syst Rev* 2008; (1):CD004212.
Neonatal Intensive Care 6/7
http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=pubmed&dopt=Abstract&list_uids=18254040

Bennett CL, Silver SM, Djulbegovic B, *et al.* Venous thromboembolism and mortality associated with recombinant erythropoietin and darbepoetin administration for the treatment of cancer-associated anemia. *JAMA* 2008; **299**: 914–24.
Oncology 6/7
http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=pubmed&dopt=Abstract&list_uids=18314434

Bennett JA, Young HM, Nail LM, *et al.* A telephone-only motivational intervention to increase physical activity in rural adults: a randomized controlled trial. *Nurs Res* 2008; **57**: 24–32.
Family/General Practice/Primary Care 5/7;
Health Promotion/Prevention/Education/Health Behaviour 6/7
http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=pubmed&dopt=Abstract&list_uids=18091289

Bensdorp AJ, Cohlen BJ, Heineman MJ, *et al.* Intra-uterine insemination for male subfertility. *Cochrane Database Syst Rev* 2007; (4):CD000360.
Obstetric Nursing 5/7

http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=pubmed&dopt=Abstract&list_uids=17943739

Bentham P, Gray R, Sellwood E, *et al.* Aspirin in Alzheimer's disease (AD2000): a randomised open-label trial. *Lancet Neurol* 2008; **7**: 41–9.

Family/General Practice/Primary Care 5/7; Elderly Care/Geriatrics/Gerontology 6/7
http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=pubmed&dopt=Abstract&list_uids=18068522

Berezki D, Fekete I. Vinpocetine for acute ischaemic stroke. *Cochrane Database Syst Rev* 2008; (1): CD000480.

Emergency/Trauma 7/7; General/Internal Medicine 6/7; Neurology 3/7
http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=pubmed&dopt=Abstract&list_uids=18253980

Berger JS, Brown DL, Becker RC. Low-dose aspirin in patients with stable cardiovascular disease: a meta-analysis. *Am J Med* 2008; **121**: 43–9.

Cardiology 5/7; Family/General Practice/Primary Care 5/7
http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=pubmed&dopt=Abstract&list_uids=18187072

Bernhardt J, Dewey H, Thrift A, *et al.* A very early rehabilitation trial for stroke (AVERT): phase II safety and feasibility. *Stroke* 2008; **39**: 390–6.

Rehabilitation 5/7; Neurology 5/7
http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=pubmed&dopt=Abstract&list_uids=18174489

Besselink MG, van Santvoort HC, Buskens E, *et al.* Probiotic prophylaxis in predicted severe acute pancreatitis: a randomised, double-blind, placebo-controlled trial. *Lancet* 2008; **371**: 651–9.

General/Internal Medicine 6/7
http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=pubmed&dopt=Abstract&list_uids=18279948

Beswick AD, Rees K, Dieppe P, *et al.* Complex interventions to improve physical function and maintain independent living in elderly people: a systematic review and meta-analysis. *Lancet* 2008; **371**: 725–35.

Family/General Practice/Primary Care 6/7; Elderly Care/Geriatrics/Gerontology 5/7; Health Promotion/Prevention/Education/Health Behaviour 6/7
http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=pubmed&dopt=Abstract&list_uids=18313501

Beynon S, Soares-Weiser K, Woolacott N, *et al.* Psychosocial interventions for the prevention of relapse in bipolar disorder: systematic review of controlled trials. *Br J Psychiatry* 2008; **192**: 5–11.

Psychiatry/Mental Health 7/7
http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=pubmed&dopt=Abstract&list_uids=18174500

Bhattacharjee J, El-Sayeh HG. Aripiprazole versus typicals for schizophrenia. *Cochrane Database Syst Rev* 2008; (1): CD006617.

Psychiatry/Mental Health 6/7

http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=pubmed&dopt=Abstract&list_uids=18254107

Boesen EH, Boesen SH, Frederiksen K, *et al.* Survival after a psychoeducational intervention for patients with cutaneous malignant melanoma: a replication study. *J Clin Oncol* 2007; **25**:5698–703.

Oncology 5/7; Patient Education 6/7

http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=pubmed&dopt=Abstract&list_uids=18089864

Bolli G, Dotta F, Rochotte E, *et al.* Efficacy and tolerability of vildagliptin vs. pioglitazone when added to metformin: a 24-week, randomized, double-blind study. *Diabetes Obes Metab* 2008; **10**:82–90.

Endocrinology 6/7

http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=pubmed&dopt=Abstract&list_uids=18034842

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Cardiology 5/7; Surgery -- Cardiac Surgery Only 5/7

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