

# Evidence-Based Nursing



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- 60 A 16-week tai chi programme prevented falls in healthy older adults

### Qualitative

- 61 Patients with advanced cancer used 4 self-action strategies to manage eating-related problems
- 62 Chemotherapy-induced peripheral neuropathy was described as background noise affecting daily life
- 63 Reasons for non-adherence to cardiac rehabilitation programmes included lack of motivation, domestic duties, and other health problems
- 64 Carers living with stroke survivors who were incontinent had minimal social interaction and felt socially isolated

### Glossary

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