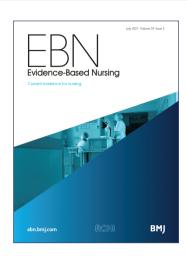
# **Evidence-Based Nursing**



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Research made simple: using multiperspective interpretative phenomenological analysis to explore healthcare phenomena

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- Lowering the thresholds of blood pressures in pregnancy, in line with the American College of Cardiology guidelines, has the potential to improve detection and outcomes for mother and baby
- Web-based psychoeducation for first-time mothers more effective than home-based psychoeducation or routine care
- 76 Adequate maternal pre-conceptional folate status may reduce the risk of gestational diabetes mellitus
- 77 Hypnosis-based interventions can be effective to improve women's childbirth experience
- 78 Uptake of mammography screening is much lower among ethnic
- 79 Fathers report experiencing negative feelings and psychological difficulties during the perinatal period

### Nurse education

- There is inconsistency in the effect of empathy training for healthcare professionals and students
- Cultural diversity needs to be integrated throughout undergraduate nursing curricula

#### Care of the older person

- Nursing staff needs leadership support to enable shared learning for team capacity in providing palliative care for persons with dementia at home or in nursing home
- 83 Multifaceted falls prevention can help to reduce fall rates in high-risk and healthy community-dwelling older adults
- Older people living in the community should be supported to maintain independence and social engagement
- Inclusion of people with dementia in research can help nurses understand how to deliver successful reminiscence interventions

## Health promotion and public health

Modelling suggests that high human papilloma virus (HPV) vaccination coverage in combination with high uptake screening can lead to cervical cancer elimination in most low-income and lowermiddle-income countries (LMICs) by the end of the century

- Probiotics may be considered for children and adults with cystic fibrosis
- 88 Using smart phone technology can aid in better bowel preparation and improve healthcare delivery

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- qn Family and caregiver relationships influence patient self-management
- Alpha, agonist dexmedetomidine may reduce duration of delirium in
- 92 Baseline heart failure symptoms have a direct and predictive mediator effect on health-related quality of life in patients with heart failure
- 93 One in 10 hospitalised patients have a pressure injury worldwide

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- 95 Using advance care planning for end-of-life care in heart failure
- 96 Recovery processes can alleviate the effects of presenteeism and emotional exhaustion
- 97 AFramework for identifying stigmatisation patterns in patients with mental health conditions in the acute healthcare setting Ø
- 98 Tick box cultures and systematised practices may prevent nurses fulfilling their roles as compassionate caregivers
- Patients with hospital-onset sepsis are less likely to receive sepsis bundle care than those with community-onset sepsis
- 100 Nurses consider family involvement as an important element of patient care
- Nurses adopt a range of coping strategies when caring for people at
- High levels of temporary nurse staffing increase the hazard of death in acute care hospitals
- 9-10 months postbereavement, caregiver grief, quality of life and general health are comparable with people who are non-caregivers and not recently bereaved
- Lack of education and co-ordination of care are main factors affecting palliative care provision by primary care practitioners

#### Mental health

- Effective and multilevel suicide prevention strategies must be developed based on high-quality evidence and public health policy reform
- Consider opportunities to build resilience with individuals who experience suicidal ideas and behaviours following stressful life events

#### Child health

- Virtual reality reduces pain and fear during intravenous cannulation in the emergency department
- Combined non-pharmacological interventions minimise pain during orogastric tube insertion in preterm neonates



