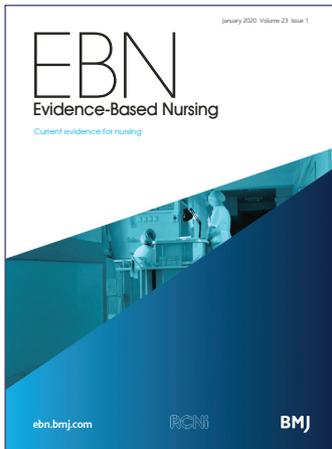


# Evidence-Based Nursing



Join Evidence-Based Nursing  
Twitter Journal Chat #ebnjc

## Contents

### Editorial

- 1 Long time coming for children and young people in the long-term plan

### Research made simple

- 2 What are sensitivity and specificity?



### Resources

- 5 Resources page

### EBN Opinion

- 8 The challenges of being a student nurse and the advice proffered by peers

### EBN Perspective

- 11 EBN Perspectives, Mental Health



### Commentaries

#### Adult nursing

- 15 Supporting family in their search for meaning and purpose during unexpected ICU admission improves coping, resilience and psychological outcomes
- 16 Over-confidence in cardiac devices can create a barrier in engaging patients in advance care planning and discussions around device deactivation
- 17 Patient-reported improvement in pain with pregabalin for painful diabetic neuropathy and postherpetic neuralgia is promising but needs further investigation
- 18 Tele-health-monitoring may decrease emergency room visits and hospitalisation in patients with COPD
- 19 Women's experiences of breast cancer reveal the need for a holistic person-centred approach to breast cancer care

#### Child health

- 20 Exploratory analysis of single 15 min videotaped structured play session of children aged 1 year reveals no differences between father's parenting behaviours whether infants are born prematurely or at term

## January 2020 Volume 23 Issue 1

- 21 Nociceptor-stimulating devices can help reduce pain, anxiety and fear in children requiring regular injections
- 22 Poor communication hinders the role of the school nurse as a key professional in protecting children and young people from maltreatment

### Mental health

- 23 Do psychopharmacological interventions affect suicide reattempters?
- 24 Supplementing standard batterer intervention programmes with individual motivational plans may increase empathic capacity in perpetrators of intimate partner violence

### Women's health and midwifery

- 25 Preventing postpartum depression: fatigue management is a place to start
- 26 Acceptance-focused processes and self-compassion protect pregnant women from developing postpartum depressive and anxiety symptoms and improve relationships with health caregivers

### Learning disabilities

- 27 Dementia is strongly linked to Down syndrome and contributes to early death in people with Down syndrome

### Nursing issues

- 28 Help seeking increases stress among caregivers of partners with young-onset dementia
- 29 Portable nursing stations reduce the rate of inpatient falls in UK hospitals
- 30 Lack of perceived competence is linked to perceived workplace bullying among Jordanian registered nurses

### Community and primary care nursing

- 31 Making visible the invisible: the brilliance study

### Health promotion and public health

- 32 Health checks have a limited effect on reducing morbidity and mortality in asymptomatic populations



This article has been chosen by the Editor to be of specialist interest or importance and is freely available online.



This article has been made freely available online under the BMJ Journals open access scheme. See <http://ebn.bmj.com/site/about/guidelines.xhtml#open>

C O P E

Member since 2010  
J1004600

This journal is a member of and subscribes to the principles of the Committee on Publication Ethics [www.publicationethics.org.uk](http://www.publicationethics.org.uk)



When you have finished with this please recycle it