

Evidence-Based Nursing

Contents

Purpose and procedure	66	Bladder training plus pelvic muscle exercises reduced urinary incontinence in women immediately after treatment.....	85
EBN notebook		A nurse led programme improved physical function in older adults with chronic disease.....	86
If you could just provide me with a sample: examining sampling in qualitative and quantitative research papers.....	68	Quality improvement	
Implementation forum		Review: nursing care driven by guidelines improves some process measures and patient outcomes.....	87
Continuing professional development in Canada and the UK: how evidence-based resources can help.....	71	Causation	
Treatment		Frequent nut consumption reduced the risk of coronary heart disease in women.....	88
Antenatal oral dexamethasone for neonatal respiratory distress syndrome increased neonatal morbidity.....	73	Dietary fibre intake was not associated with a lower risk of colorectal cancer in women.....	89
Review: non-nutritive sucking decreases length of hospital stay in premature infants.....	74	Multiple attempts to stop smoking, even with relapses, reduced loss of pulmonary function.....	90
Review: support interventions reduce cessation of breast feeding before 2 months.....	75	Economics	
Soy milk decreased chronic constipation in young children.....	76	Early opportunistic screening was cost effective in young adults with type 2 diabetes.....	91
Review: antibiotics are not effective for upper respiratory tract infection in children.....	77	Qualitative	
Review: antibiotics did not lead to general improvement in upper respiratory tract infections.....	78	During cervical screening, women desired good communication with their doctor and to be treated with sensitivity.....	92
Review: controlling house dust mites is ineffective for asthmatic patients who are sensitive to mites.....	79	Women's decisions to seek evaluation of self discovered breast symptoms occurred in a complex social context.....	93
Review: self help interventions alone minimally increase smoking cessation rates.....	80	Patient distress after radiotherapy to the head and neck was often hidden.....	94
Review: minor analgesics are effective for primary dysmenorrhoea.....	81	Fatigue in HIV infection was perceived as a barometer of disease progression.....	95
Review: St John's wort is more effective than placebo for mild to moderate depressive disorders.....	82	Patients focused on integrating diabetes into their daily lives; practitioners focused on glucose control.....	96
Individualised computer generated nutrition information plus iterative feedback reduced dietary fat and increased fruit and vegetable intake.....	83	Glossary	Inside back cover
Pressure bandages after coronary angiography reduced bleeding, but increased discomfort.....	84		