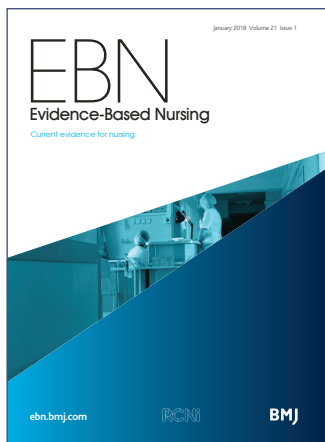


# Evidence-Based Nursing



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### Women's health and midwifery

- 9 Yoga intervention may improve health-related quality of life (HRQL), fatigue, depression, anxiety and sleep in patients with breast cancer
- 10 Using a decision aid may prompt some younger women (38–50 years) to rethink breast cancer screening plans

### Adult nursing

- 12 Non-invasive positive pressure ventilation should be considered in patients with COPD and persistent hypercapnia at least 2 weeks after resolution of acute respiratory failure
- 13 Routine supplementary oxygen for the normoxic patient with suspected acute myocardial infarction is no longer warranted
- 14 Preoperative virtual reality experience may improve patient satisfaction and reduce anxiety
- 15 It is unclear whether specialist palliative care teleconsultation leads to an improvement in patient symptom scores

### Child health

- 16 Own mother's milk significantly decreases the risk of bronchopulmonary dysplasia
- 17 Stigma is a prominent barrier for parental disclosure of a child with a mental illness
- 18 Parent–infant room-sharing is complex and important for breastfeeding

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### Learning disabilities

- 19 Formal carers providing end-of-life care and bereavement support to people with intellectual disabilities have unmet learning needs
- 20 Young people with an intellectual disability experience poorer physical and mental health during transition to adulthood

### Health promotion and public health

- 21 Oral contraceptives do not appear to present long-term cancer harms and may even provide protection against some cancers
- 22 Healthcare professionals should be mindful that victims and victim-bullies may have additional health needs associated with risk-taking behaviour
- 23 Automated telephone communication systems may have the potential to play a positive role in healthcare

### Nursing issues

- 24 Personality and interpersonal behaviour may impact on burnout in nurses
- 25 Paediatric intensive care nurses report higher empathy but also higher burnout than other health professionals

### Care of the older person

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### Mental health

- 28 Telephone-based collaborative care is an effective approach for treating anxiety in primary care patients
- 29 People who face the bereavement of a partner with dementia have poorer mental health than those whose partners are dying from other diseases

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